

Symptom-Free Pee: LET IT BE

Diagnosis of Suspected Urinary Tract Infection (UTI) in Non-Catheterized Residents of Long-term Care Facilities

PRACTICE POINTS:

- UTI is a clinical diagnosis, not a laboratory diagnosis
- Dipsticks not recommended - poor diagnostic accuracy
- Urinalysis:
 - Presence of bacteria/nitrites and/or WBC not diagnostic of UTI as common finding in the elderly
 - Absence of WBCs in urine rules out UTI
- Do not start antibiotics before urine sample collected
- ≥ 3 organisms typically implies contamination

